## Fundamentals and Methods of Social Work Curriculum Annotation Assoc. Prof. PhD Irina Todorova

The curriculum adheres to the global standards for social work education and training but particularizes in contemporary understandings of the role of social work in the lives of people experiencing difficult times in their lives. The curriculum poses several fundamental questions to students - What is the origin of life's difficulties? Why do some people have it so hard in life? How people cope with the difficult life events? How major life events impact our long-term wellbeing? What is the role of challenges in Human Life and what is the role of the social worker when he meets a person in difficulty?

This curriculum does not deny the fate of hardships and does not teach students how to remove hardships from people's lives. She teaches students how to help their people and society overcome hardships, learn from hardships, and become better and more developed people.

The methods of social work included in this program are six. Three methods aimed at direct social work with people and three methods related to caring for society:

- 1. Social work with individuals.
- 2. Social work with groups.
- 3. Social work with communities.
- 4. Social research of social reality.
- 5. Social action to overcome public social problems.
- 6. Social administration (of social action).

Interactive *methods* are used in teaching students.

At the end of the course, students will be able to identify the important social problems of modern society; to be able to planning research into the factors that influence people's problems; to be able to develop skills to plan social actions to help people and to administer the planned social actions. By the end of the course, learners will be able develop basic skills to communicate with clients, identify their problems, identify client's resources to overcome problems. Students will learn how to mobilize the resources of the social system to help those areas in which people are unable to cope independently.

Method of assessment

Case work from social practice